



# SE Region September 2011 Newsletter



This was used last year but we all need to be reminded...

## **BE PREPARED:**

### **Creating a disaster plan before an emergency strikes is important**

No one knows when bad weather or other emergency may strike and force you to evacuate you and your family, including your pets, from your home. Being prepared is the first step in reducing confusion, stress and making sure everyone is as safe as possible.

Below are some helpful hints in preparing your disaster plan and emergency kit.

### **From the American Red Cross ([www.redcross.org](http://www.redcross.org))**

The best way to protect your family from the effects of a disaster is to have a disaster plan. If you are a pet owner, that plan must include your pets. Being prepared can save their lives.

Different disasters require different responses. But whether the disaster is a hurricane or a hazardous spill, you may have to evacuate your home.

*In the event of a disaster, if you must evacuate, the most important thing you can do to protect your pets is to evacuate them, too.* Leaving pets behind, even if you try to create a safe place for them, is likely to result in their being injured, lost, or worse. So prepare now for the day when you and your pets may have to leave your home. The Red Cross recommends the following:

### **Have a Safe Place to Take Your Pets**

- Local and state health and safety regulations do not permit the Red Cross to allow pets in disaster shelters. Service animals which assist people with disabilities are the only animals allowed in Red Cross shelters. It may be difficult, if not impossible, to find shelter for your animals in the midst of an evacuation, so plan ahead. Do not wait until disaster strikes!
- Contact hotels and motels outside your local area to check their policies on accepting pets and restrictions on number, size and species. Ask if "no pet" policies could be waived in an emergency. Keep a list of "pet friendly" places, including phone numbers, with your other disaster information and supplies. If

you are alerted to an impending disaster, call ahead for reservations.

- Ask friends, relatives or others outside the affected area whether they could shelter your animals. If you have more than one pet, they may be more comfortable if kept together, but be prepared to house them separately.
- Make a list of boarding facilities and veterinarians who could shelter animals in an emergency; include 24-hour phone numbers.
- Ask local animal shelters if they provide emergency shelter or foster care for pets during a disaster. Animal shelters may be overwhelmed caring for the animals they already have as well as those displaced by a disaster, so this should be your last resort.

### **Assemble a Portable Pet Disaster Supplies Kit**

- Whether you are away from home for a day or a week, you'll need essential supplies. Keep items in an accessible place and store them in sturdy containers that can be carried easily (a duffel bag or covered trash containers, for example). Your pet disaster supplies kit should include:
  - Medications and medical records (stored in a waterproof container) and a first aid kit.
  - Sturdy leashes, harnesses, and/or carriers to transport pets safely and ensure that your animals can't escape.
  - Current photos of your pets in case they get lost.
  - Food, potable water, bowls, cat litter/pan, and can opener.
  - Information on feeding schedules, medical conditions, behavior problems, and the name and number of your veterinarian in case you have to foster or board your pets.
  - Pet bed or toys if easily transportable

**From PetFinder.com ([www.petfinder.com](http://www.petfinder.com))**

### **Pet Emergency Kit Checklist**

- **Food** - One-to-two-week supply of the dry or canned food your pet usually eats. (While stored, make sure to replace the food according to expiration dates.) Also include a spoon, food dish and, if you use canned foods, a can opener. Record your pet's eating habits (amount and times) as well as any allergies your pet may have and keep the record with the other paperwork in this kit. Store the food in a waterproof and protective bag or case.
- **Water** - One-to-two-week supply in gallon-sized plastic containers. (Make sure to replace stored water regularly to ensure freshness.) Include a collapsible or

travel water bowl that is easy to store.

- **Cleaning Supplies** - To clean crates/litter boxes.
- **Cat Litter** - One-to-two-week supply plus a small, plastic litter box and litter scoop. You can opt for disposable litter boxes that come pre-made with litter.
- **Paperwork**
- **Photographs** - In case you need to distribute pictures if your pet gets lost.
- **Vaccine Records/Medical History** - Copies of important veterinary documents, such as vaccination records, medical history, medical conditions, records of important test results (FeLV/FIV).
- **Veterinary Information** - Write down the name, address and phone number of your vet and an alternate vet. Write out a release statement, authorizing medical treatments for your pets. Write down your pet insurance policy number, if you have one.
- **Proof of Ownership/Animal Information** - Copies of registration information, adoption papers, proof of purchase, microchip, tattoo or other identification information.
- **List of Emergency Contacts**
- **Medication** - List each pet separately and include dose and frequency for each medication. Keep a two-week reserve supply, with directions on how to administer. If possible, keep the medication in the original jar or bottle that it came in. Replace according to expiration dates. Don't forget reserve doses of flea and tick and heartworm preventatives.
- **Spare or Extra Collars, Harnesses, or Leashes**
- **Bedding or Pet Blankets**
- **Identification Tags** - If possible, have the ability to write your temporary location or contact information on the tags.
- **Brushes/Combs, Grooming Supplies**
- **Toys**
- **Animal Crates or Carriers** - Label with your contact information; make sure the animal has room to move around and it is safe for the pet (latches and bolts should be secure).

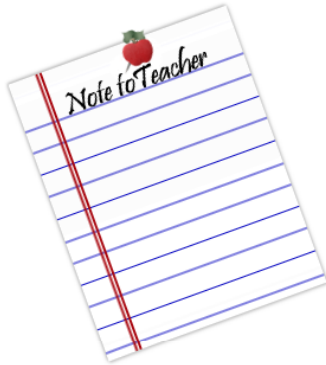
- **Pet First-Aid Kit** - Sterile gauze pads (3" x 3" and 2" X 2") and gauze bandage rolls (1" and 2")
  - First-aid adhesive tape, 1" roll
  - Cotton swabs (Q-tips®)
  - Tweezers
  - Scissors
  - Plastic freezer/sandwich bags
  - Small bottle of 3% hydrogen peroxide
  - Styptic pencil or cornstarch (stems blood flow from minor cuts)
  - Antibacterial ointment
  - Antiseptic cleansing wipes
  - Kaopectate® or Pepto-Bismol®
  - A current pet first-aid book
  - Eyewash
  - Eyedropper
  - Mineral oil (a lubricant and laxative when given by mouth)
  - Digital or rectal thermometer in a plastic case
  - Leather work gloves (to protect you from being bitten)
  - Latex gloves
  - Leash
  - Thin rope
  - Splint materials (tongue depressor, 12-inch wooden ruler or thick magazine)

Place the contents in a plastic storage box, tackle box or coffee can with lid. Pre-made pet first-aid kits are available for purchase at pet supply stores such as [PETCO](#), pharmacies, retail and discount stores and on-line.

**BE PREPARED AND PLAN AHEAD!!**

**Samantha Lawrence**

## Quote Of The Month



"**S**chool,  
**E**ffort, and  
**P**lay.  
**T**rying your best  
**E**ach hour of the day,  
**M**aking new friends,  
**B**eing good as you can  
**E**xciting discoveries,  
**R**eadng books with a friend."

Boni Fulgham



## Did You Know..??..



### *ARTICLE TWO - Shows*

22.1 Any chartered TICA club in good standing may sponsor a show.

22.1.1 A show shall be limited to the exhibition and/or judging of felines. A TICA show may be held in conjunction with a sanctioned show, governed by an established, nationally known species or breed organization (i.e., The American Kennel Club). The sanctioning organization must cooperate by licensing the prospective show, approving of the format in conjunction with TICA and providing licensed judges.

22.1.1.1 A TICA club may elect to hold a TICA cat show in conjunction with another such organization under the above conditions, provided this information is included in all publicity and flyers pertaining to the show.

22.1.2 Show Dates. When a club desires a show date from the Regional Director, they may request that date in writing. After 30 days, there being no response from the Regional Director, the club may proceed with the show date, scheduling it through the Executive Office by providing the Executive Office with a copy of the written request.

22.1.2.1 The Regional Director may deny a club a specific show date if there is a previously scheduled TICA show within 500 miles (805 kilometers) or in the *same* region on the requested weekend.

22.1.2.2 If there are **multiple** show requests for the same show weekend, shows may be held within 500 miles (805 kilometers) of each other **only with both A and B below:**

A. Written permission from the show managers, and

B. Written permission of the regional director or regional directors if the show requests are from multiple regions.

The first club that requests a show date is authorized to have the show.

22.2 Format. The sponsoring club shall determine the format of the show. The show may be 1 day , 2 days, or more, or a back-to-back show format, and must be advertised as such on all materials promoting the show.

22.2.1 A back-to-back show is two or more shows, held on consecutive days. For scoring purposes, each day is considered a different show. With the following exceptions:

22.2.1.1 If May 1 is a Sunday in any given year, all shows on any day in that same weekend shall be scored in the show year ending April 30 of that year. TICA Show Rules, Page 8 05/01/11 Version A

22.2.1.2 If May 1 is a Saturday in any given year, all shows on any day in that same weekend, including shows held on Friday, shall be scored in the show year beginning May 1 of that year.

22.2.2 An Alternative Format show is a show in which two separate shows are held consecutively, but in the same calendar day. Each show shall be scored as a separate show.

22.2.2.1 A club located in an Isolated Area may sponsor an Alternative Format Show any time.

22.2.2.2 A club not located in an Isolated Area may sponsor an Alternative Format show only with the advance permission of the Regional Director.

Taken from TICA Show Rules



## **Recipe/s Of The Month**

### **TANDORI CHICKEN WITH CUCUMBER RAITA AND PINEAPPLE CHUTNEY**

Preparation time: 15 minutes, Cooking time: 20 minutes, Serves: 4

3/4 tsp coarse ground sea salt

1 tsp ground cumin

1 tsp ground coriander

1 tsp ground cinnamon

1/2 tsp paprika

1/2 tsp turmeric

1 tsp chili powder or to taste

10 turns fresh ground black pepper

1 cup whole milk plain yogurt

juice of one fresh lime

1 Tbsp finely-minced fresh ginger

3 cloves garlic, peeled and finely minced

4 skinless chicken thighs, 4 skinless chicken legs (or whatever part of the chicken you like)

Place all the ingredients in a large zip-lock freezer bag, except chicken. Mix thoroughly. Score the chicken flesh deeply in a couple of places and add to the bag. Massage the bag to mix the ingredients and coat the chicken pieces. Refrigerate the chicken overnight. Remove the chicken pieces from the marinade and fry the pieces, with the thick marinade clinging to them, in a hot oiled grill pan until dark on one side. Flip and fry until darkened on the other side. Check and make sure the chicken is cooked through. If not, add a bit of water to the pan to loosen any caramelized bits, and place in a 350F oven for about 10 minutes, or until cooked through.

### **CUCUMBER RAITA**

Preparation time: 10 minutes, Chilling time: 20 minutes, Serves: 4 - 8

1 seedless cucumber, finely chopped

1 cup Greek-style yogurt

Lots of finely minced garlic

Juice of one fresh lime or to taste

1/2 cup finely chopped mint

Mix all together and chill before serving.

### **PINEAPPLE CHUTNEY**

Preparation time: 10 minutes, Chilling time: 20 minutes, Serves: 4 - 8

1 (20 oz) can pineapple chunks (cut each in half)

3/4 cup shredded coconut, toasted

1 tsp chili powder or to taste

Juice of one fresh lime

Mix all together. Serve chilled or room temperature.

Submitted by Laurie Patton



Anyone wanting to submit articles, recipes, trivia or anything you think others would like to read can send me the info at [PiratesLairMC@aol.com](mailto:PiratesLairMC@aol.com)

**I am in need of some Meet Your Neighbors...**

Thanks to all who contributed this month..!!..

Laurie

Don't forget that the SE Region is on Facebook

<http://www.facebook.com/group.php?gid=300505338191>

Until next month!

**No matter what you do this month...  
Have fun with your family, friends and hug your cats..!!..**

