

# SE Region January 2012 Newsletter

Happy New Year

Here's to the bright New Year  
And a fond farewell to the old;  
Here's to the things that are yet to come  
And to the memories that we hold.

*Unknown*

In the New Year, may your right hand always be stretched out in  
friendship, but never in want.

*Irish*

In the year ahead, May we treat our friends with kindness  
and our enemies with generosity.

*Unknown*

Let us resolve to do the best we can with what we've got.

-William Feather

May all your troubles during the coming year be as short as your  
New Year's resolutions.

*Unknown*

May it be the best year yet for you, And everything prosper you  
may do.

*Unknown*



# New Year's Resolutions 2012

I can't take credit for thinking of this, but I read it and plan to make it my New Years Resolution!

"Do something you love to do, and that you do best, every single day."

Melody Kyle

Living Room Leopards

\*\*\*\*\*

To quit Smoking for good!

Robby Whyte

\*\*\*\*\*

Don't make any as I will not keep them. LOL

Bonnie Charvat

AutumnSun Cattery

\*\*\*\*\*

To be more active and get rid of more clutter / be more organized. Everything in its place and a place for everything!

Erin Russell

Russeller Cattery

\*\*\*\*\*

Well, mine would be to take my cash rewards from my credit card and put them into my savings account and not my checking

Judith Milling

RumblePuff Cattery

\*\*\*\*\*

I resolve to be the Best RD in the whole world and Mississippi!

Jo Parris

Caligula Cattery

\*\*\*\*\*

I hereby resolve not to make any more New Year's Resolutions that I know I cannot keep, such as being a better housekeeper, losing weight, etc. I hereby resolve to live every minute that God gives me to the fullest, being a good steward of all His blessings and with His help, trying not to do harm to anyone or anything.

Judeth (Judy - Boots Mom) Littlefield

\*\*\*\*\*

To be sure my Family and Friends know that I care about them since time on Earth can be so short

Laura Heineck

A FRIENDLY REMINDER (courtesy of Wikipedia):



## Sportsmanship



Sportsmanship expresses an aspiration or ethos that the activity will be enjoyed for its own sake, with proper consideration for fairness, ethics, respect, and a sense of fellowship with one's competitors. A sore loser refers to one who doesn't take defeat well, whereas a good sport means being a "good winner" as well as being a "good loser" ....

Sportsmanship can be conceptualized as an enduring and relatively stable characteristic or disposition such that individuals differ in the way they are generally expected to behave in sport situations. In general, sportsmanship refers to virtues such as fairness, self-control, courage and persistence and has been associated with interpersonal concepts of treating others and being treated fairly, maintaining self-control in dealing with others, and respect for both authority and opponents.

A competitor who exhibits poor sportsmanship after losing a game or contest is often called a "sore loser" (those who show poor sportsmanship after winning are typically called "bad winners"). Behavior includes blaming others, not taking responsibility for personal actions, reacting immaturely or improperly, making excuses for one's loss, referring to unfavorable conditions or other petty issues. A bad winner acts in a shallow fashion such as gloating about his or her win, rubbing it in the face of the one who lost and lowering the opponent's self-esteem by constantly reminding them of how "poorly" they performed in comparison (even if they participated well).

### Relationship to morality

Sportsmanship typically is regarded as a component of morality in sport, composed of three related and perhaps overlapping concepts: fair play, sportsmanship and character. Fair play refers to all participants having an equitable chance to pursue victory and acting toward others in an honest, straightforward, and a firm and dignified manner even when others do not play fairly. It includes respect for others including team members, opponents, and officials. Character refers to dispositions, values and habits that determine the way that person normally responds to desires, fears, challenges, opportunities, failures and successes and is typically seen in polite behaviors toward others such as helping an opponent up or shaking hands after a match. An individual is believed to have a "good character" when those dispositions and habits reflect core ethical values. An example of poor sportsmanship is exemplified in a team's calling timeouts to run up the score on an opponent when the former team already has a sizable lead.

I hope many of you will read the above article and take it to heart. We ALL need to be more kind, courteous and supportive of one another.

Thank you Tanya..!!..

*(reprinted from the SE facebook)*



## Recipe for the New Year

### Hoppin' John

#### Ingredients:

- 1 pound dried black-eyed peas
- 2 small smoked ham hocks or meaty ham bone
- 2 medium onions, divided
- 3 large cloves garlic, halved
- 1 bay leaf
- 1 cup long-grain white rice
- 1 can (10 to 14.5 ounces) diced tomatoes with chile peppers, juices reserved
- 1 medium red bell pepper, chopped
- 1/2 green bell pepper, chopped
- 3 ribs celery, chopped
- 1 jalapeno or serrano pepper, minced
- 2 teaspoons Cajun or Creole seasoning
- 1/2 teaspoon dried thyme leaves
- 3/4 teaspoon ground cumin
- 3/4 teaspoon salt
- 4 green onions, sliced

#### Preparation:

In a large Dutch oven or kettle, combine the black-eyed peas, ham bone or ham hocks, and 6 cups water. Cut 1 of the onions in half and add it to the pot along with the garlic and bay leaf. Bring to a boil, reduce the heat to medium-low, and simmer gently until the beans are tender but not mushy, 2 to 2 1/2 hours. Remove the ham bone or hocks, cut off the meat; dice and set aside. Drain the peas and set aside. Remove and discard the bay leaf, onion pieces, and garlic.

Add 2 1/2 cups of water to the pot and bring to a boil. Add the rice, cover, and simmer until the rice is almost tender, about 10 to 12 minutes.

Mince the remaining onion then add to the rice along with the peas, tomatoes, and their juices, red and green bell pepper, celery, jalapeno pepper, Creole seasoning, thyme, cumin, and salt. Cook until the rice is tender, 5 to 8 minutes. Stir in the sliced green onions and the reserved diced ham. Serve with hot sauce and freshly baked cornbread.



# Southeast Regional Fund Raiser

## “We Are Family”



February 18 & 19, 2012  
Raleigh, NC



[http://www.seregiontica.org/Shows/SER\\_Fundraiser/serflyer.htm](http://www.seregiontica.org/Shows/SER_Fundraiser/serflyer.htm)

Ring Sponsors are available.

**Parade of Breeds** – We will have a special area with as many breeds present as possible for the public to see. Columbia has wonderful cat lovers and they flock to the show. Please contact Judith Johnson - [johnsondj@comcast.net](mailto:johnsondj@comcast.net)

**Basket Raffle** – As we had at the regional there will baskets, baskets, and more baskets..!!.. If you would like to bring a basket or have one made for you... Please contact Judith Milling - [shutterbug1948@gmail.com](mailto:shutterbug1948@gmail.com)

**Gas Card Raffle** – Enter both the Fund Raiser show and Florida Sun Cats show and your name will automatically be placed in a raffle for a free gas card..!!..

**Sponsors** – No donation is too small or too large for this fund raising event... Signage will be in the rings as well as in the catalog and announced the weekend of the show... Don't be left out... Please contact Laurie Patton - [PiratesLairMC@aol.com](mailto:PiratesLairMC@aol.com)

**Advertising** – Full page black and white ad, camera ready - \$20.00... This will be in the catalog and also in the spectator guide... Catteries, In memory of, Congratulations...ETC will all be accepted... Clubs are also welcome to send us your upcoming flyer - \$10.00. We even have a graphic artist that will help you design your ad for FREE... Please contact Laurie Patton - [PiratesLairMC@aol.com](mailto:PiratesLairMC@aol.com)



## Find The Breeds

J	R	O	T	G	Y	A	B	M	O	B	Y
M	I	A	M	A	N	X	H	G	N	Q	C
I	A	H	T	B	E	N	G	A	L	R	Z
C	Y	M	R	I	C	H	J	I	A	M	O
M	B	P	E	R	S	I	A	N	F	D	C
R	S	A	C	M	D	S	U	B	T	S	I
F	I	T	R	A	G	D	O	L	L	O	C
H	A	V	A	N	A	L	O	G	R	M	A
O	M	B	E	H	B	O	D	P	O	A	T
G	E	P	H	K	O	R	A	T	K	L	O
D	S	W	C	U	R	O	M	C	A	I	P
L	E	X	F	S	P	H	Y	N	X	R	M



### Quote of The Month

Ring out the old, ring in the new,  
Ring, happy bells, across the snow:  
The year is going, let him go;  
Ring out the false, ring in the true.

~Alfred, Lord Tennyson, 1850



# HAPPY NEW YEAR!



Anyone wanting to submit articles, recipes, trivia or anything you think others would like to read can send me the info at [PiratesLairMC@aol.com](mailto:PiratesLairMC@aol.com)

Thanks to all who contributed this month..!!..

Laurie

Don't forget that the SE Region is on Facebook

<http://www.facebook.com/group.php?gid=300505338191>

Until next month!